

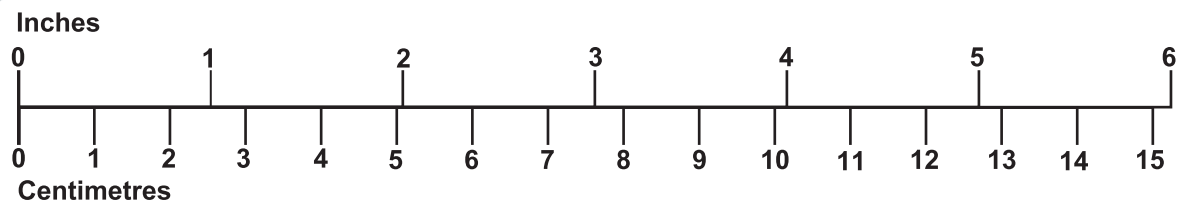


### Print size check

Please print this page and ensure the page is printed at 100% and shrink to fit is not selected.

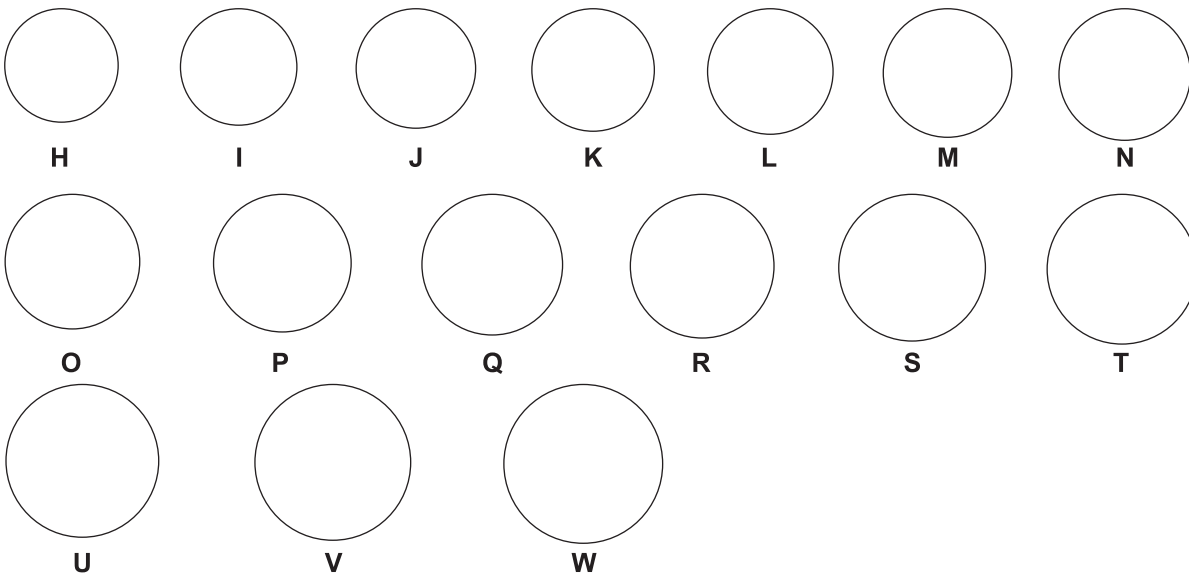
Please check that the page has printed correctly by placing a ruler against the line below to verify the check marks.

A difference of up to 0.3 cm is acceptable



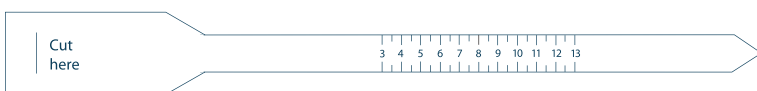
### Method 1:

Place your wedding band, or another flat edged ring that fits comfortably on each of the circles below. The right size will be when the edge of the circle touches the inside of your ring all the way round.



### Method 2:

1. Carefully cut along the outline of the sizer and the small slit at the end.
2. Wrap the sizer around the intended finger with the numbers facing out.
3. Slide the pointed end through the slit.
4. Move the sizer to the largest part of the finger, this may be the knuckle.
5. Pull tightly, the sizer must fit snugly to give an accurate size.
6. The number that lines up at the slit is the ring size for that finger.



### Note :

1. Avoid measuring fingers when they are cold as this is when the fingers are at their smallest.
2. Measure your fingers at the end of the day as this is when they are at their largest.